

MARK YOUR CALENDARS
FOR 2026!



LAKE WOBEGON TRAIL
MARATHON
MAY 9TH 2026



REGISTRATION OPENS
SEPTEMBER 1ST!

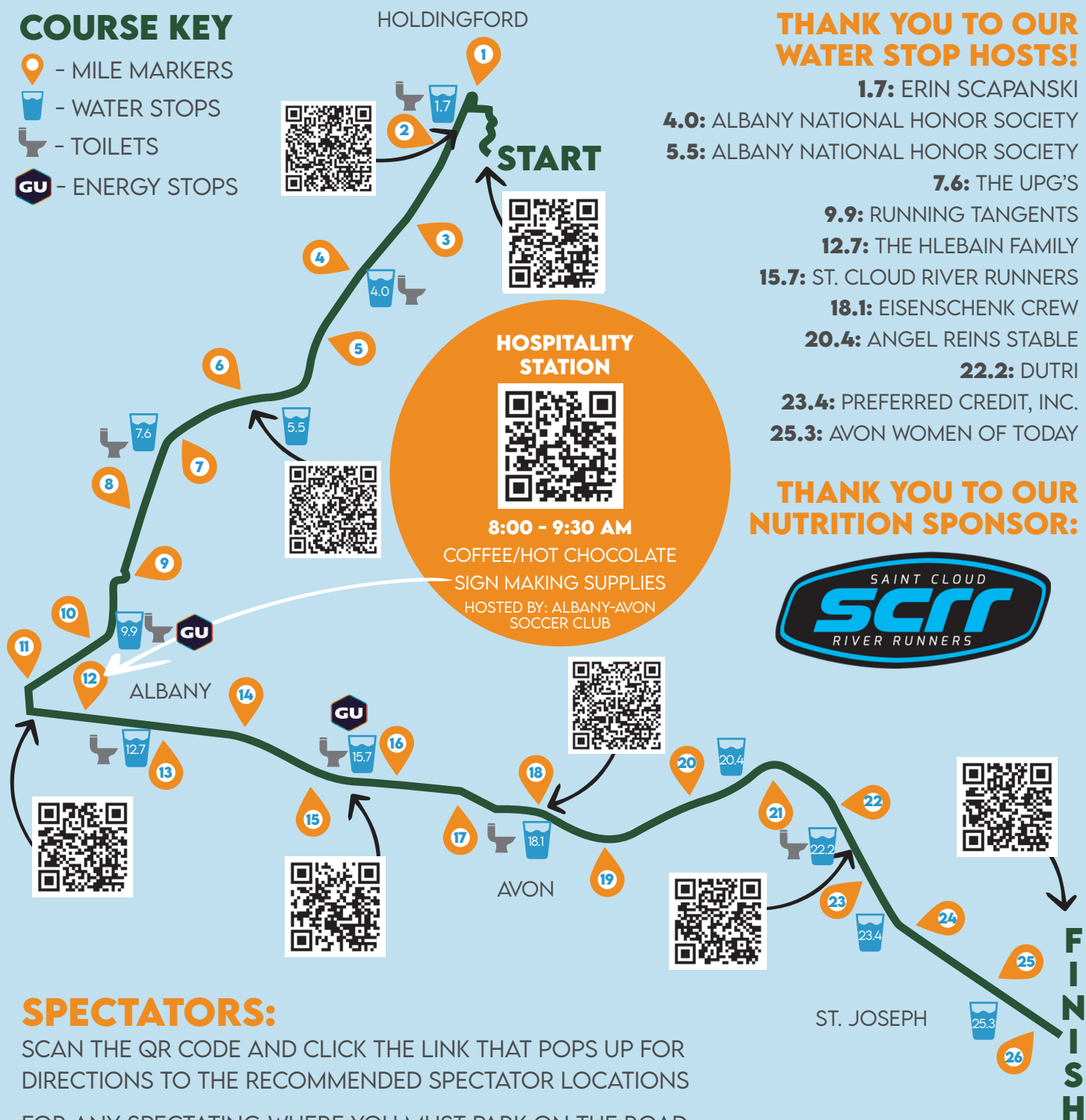
LAKE WOBEGON TRAIL
MARATHON
MAY 10TH 2025



RUNNER &
SPECTATOR GUIDE
LAKEWOBEGONTRAILMARATHON.ORG

COURSE KEY

- MILE MARKERS
- WATER STOPS
- TOILETS
- ENERGY STOPS



THANK YOU TO OUR WATER STOP HOSTS!

- 1.7:** ERIN SCAPANSKI
- 4.0:** ALBANY NATIONAL HONOR SOCIETY
- 5.5:** ALBANY NATIONAL HONOR SOCIETY
- 7.6:** THE UPG'S
- 9.9:** RUNNING TANGENTS
- 12.7:** THE HLEBAIN FAMILY
- 15.7:** ST. CLOUD RIVER RUNNERS
- 18.1:** EISENSCHENK CREW
- 20.4:** ANGEL REINS STABLE
- 22.2:** DUTRI
- 23.4:** PREFERRED CREDIT, INC.
- 25.3:** AVON WOMEN OF TODAY

THANK YOU TO OUR NUTRITION SPONSOR:



SPECTATORS:

SCAN THE QR CODE AND CLICK THE LINK THAT POPS UP FOR DIRECTIONS TO THE RECOMMENDED SPECTATOR LOCATIONS

FOR ANY SPECTATING WHERE YOU MUST PARK ON THE ROAD, PLEASE USE CAUTION AND ENSURE SIGHTLINES ARE NOT OBSTRUCTED